

# Dye, Paint, Paper, and Stitch—Mixed-Media Explorations Supply List 204/304

---

**Instructor**

Lynn Koolish

**Email**

lynn@lynnkoolish.com

**Experience Level**

Beginner

**Sewing Machine Required**

No

**Course Overview**

Each media has its strengths/attributes, combine them to take advantage of each. Even simple tissue paper or newspaper adds a unique look and texture. In this class you'll have the opportunity to create one-of-a-kind fiber-based pieces using the media of your choice—2 days gives you time to experiment and create. If you have any supplies you want to try out, bring them along. You'll be ahead of the game if you come with some ideas of what you want to make or you can figure it out when you get here. Realistic, abstract or in between—your choice.

Bring your sewing machine to add stitching in class or plan to add stitching later at home. Or add some hand stitching.

\$40 supply fee payable to instructor for dyes, paints, mediums, papers, and more covers both days of class. No previous experience required.

Samples can be viewed at [www.lynnkoolish.com](http://www.lynnkoolish.com) (click on classes)



**Required Supplies**

- \*\* Rubber gloves—dishwashing type, the longer the better
- \*\* Dust mask
- \*\* Paper & other fibers
- \*\* Colored tissue paper and/or assorted papers—plain, textured, opaque or translucent, bring pieces of things that you have
- \*\* Assorted fibers, yarns, raffia, cheesecloth, anything interesting that you have around

**Other Supplies**

- \*\* At least 1 plastic container with a wide mouth and screw-on lid that does not leak when shaken vigorously—options include condiment squeeze bottles and recycled food containers—just make sure the opening is large enough to

fit a spoon into and that it doesn't leak when shaken

\*\* 4–5 one-pint (6–8 oz) size plastic containers and 2–3 one-quart (32 oz) size plastic containers, such as recycled yogurt & cottage cheese containers

\*\* A few gallon-size zip-type plastic bags

\*\* Set of measuring spoons NOTE: these cannot be used for food after they have been used with dye

\*\* Several 1" – 2" foam or bristle brushes and several smaller brushes

\*\* 3–4 plastic spoons

\*\* Several plastic plates to use as paint palettes (or paint palettes if you have them)

\*\* Spray bottle

Fabric and paper scissors

\*\* Clothespins (used when putting wet things outside to dry)

\*\* Roll of paper towels

\*\* Masking tape

\*\* Plastic for covering workspace

Sewing machine & needed sewing supplies, OR hand sewing needles & fun threads threads, OR plan to add stitching later

If you have them:

\*\* Plastic stencils, stamps with large designs or shapes (home-made stamps are great), grids of all sorts, corrugated cardboard, and other items to create visual textures

\*\* **Supplies not carried by The Stitchin' Post**

### **Fabric Selection**

Fabric: Any 100% natural fiber can be used. This includes cotton, rayon, linen, and silk. You can bring yardage and/or garments. Good quality fabric works best.

You can also bring previously dyed fabric, especially light-colored uglies that you'd like to transform with dye or paint.

Important: Prewash all fabric (including PDF) in detergent or Synthropol or Dharma Textile Detergent & hot water – don't use fabric softener or dryer sheets

Bring 2–3 yards of fabric, you don't have to start just with white fabric, you can bring already-dyed or commercial fabrics that you want to overdye, paint, or otherwise transform.

!! Do not bring polyester, any synthetic or blends, or fabric that is permanent-press!!

### Specific or Generic Brand Supplies

White PFD cotton Fabric

Kit Fee of \$40 supply fee payable to Lynn first day of class for dyes, paints, mediums, papers, and more -- covers both days of class.

